

WOMEN'S HEALTH

Resource Mothers

What is the purpose of the program?

To promote healthy birth outcomes for teenage mothers and to prevent repeat pregnancies to teenagers.

What does the program do?

The Resource Mothers Program connects experienced mothers with pregnant and parenting teenagers who need guidance and support. Resource Mothers, volunteers and staff provide information on pregnancy, early prenatal care, parenting skills, child care, and health issues. The program also links teen mothers and their infants to community and public health resources such as *Children 1st*, Babies Can't Wait, Children's Medical Services, Adolescent Health and Youth Development, STD services, and Family Planning.

How many people are helped by the program?

In FY 2005, Resource Mothers conducted 2,823 home visits, which are designed to encourage young women to get prenatal care, and provide them with information and resources to care for their babies.

Why is the program important?

Many teenagers risk having babies who are premature and low birth weight, putting the infant at greater risk for death or life long disabilities. This program educates and counsels pregnant and parenting teenagers to help reduce poor health outcomes for teen mothers and their children. The Program also encourages teens to stay in school and prevent future pregnancies.

Who is eligible?

This program is designed for pregnant and parenting adolescents and young adults.

Where are services located?

The Resource Mothers Program is located in 16 counties in Georgia (Burke, Clayton, Columbia, DeKalb, Fulton, Glascock, Hancock, Irwin, Jefferson, Jenkins, Lincoln, McDuffie, Richmond, Screven, Taliaferro, and Warren).

Outcome measures

- Reduce the rate of repeat pregnancies among teens.
- To increase the percentage of pregnant adolescents receiving prenatal care in the first trimester.

Legislative Authority

Indigent Care Trust Fund

Contact: Wylene Moore (404) 657-3151

E-mail address: wamoore@dhr.state.ga.us
<http://health.state.ga.us/programs/women/>

Georgia Department of Human Resources
Division of Public Health
Family Health Branch

